

Dear Garland ISD Athletic Families:

The University Interscholastic League (UIL) has altered the return to play requirements for students diagnosed with COVID-19 related to requiring clearance from a physician or physician-approved delegate. The UIL Medical Advisory Committee strongly recommends that a student diagnosed with COVID-19 receive clearance from a physician, or physician-approved delegate, prior to returning to participation in UIL marching band or athletics activities.

In keeping with the updated UIL return to play requirements, the Garland ISD Athletic Department strongly recommends that student-athletes receive clearance from a physician or physician-approved delegate. However, on a case-by-case basis, if a Garland ISD Athletic Trainer determines that a student-athlete needs medical clearance, the student-athlete must receive medical clearance before they are allowed to return to sport.

Additionally, any student-athlete who tests positive for COVID-19 and returns to athletics must complete a supervised gradual return to play protocol before returning to the sport. Please contact the Garland ISD Athletic Department or your Athletic Trainer if you have any questions.