



Garland Independent School District
Health Services Department

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Dear GISD Family,

We are so excited to see our students back on campus and ready to learn. We will be doing our utmost to ensure our students are as safe as possible while on campus.

Our school clinics have always been a safe refuge for many of our students and will continue to be so. However, in order to limit potential exposure to possibly contagious illnesses, such as COVID-19, we are instituting the following guidelines for commonly used areas such as the clinic:

Stay in Place Guidelines: (will be appropriately managed within the classroom)

- Small paper cuts, abrasions, picked scabs **WITHOUT** bleeding.
- Localized bug bites.
- Minor headache with **NO** other symptoms.
- Mild stomachache and/or nausea **WITHOUT** vomiting.
- Anxiety/Stress/Psychosocial issues will be sent to the campus Counselor for assistance if needed.

Respiratory Treatment Guidelines:

- Following CDC recommendations during this COVID-19 pandemic, nebulized treatments at school should be reserved for children who cannot use or do not have access to an inhaler. Please plan on providing an inhaler and spacer to your campus nurse if your child has asthma.
- Use of peak flow meters are discouraged at this time.
- Students that are unable to use an inhaler and require a nebulized medication will receive treatment in an isolated area to minimize the exposure of respiratory droplets to others.

Please note, all students that access the health clinic will be required to have a face covering over their nose and mouth.

You must have a plan to be able to pick up your child within (30) minutes of being notified.

This is an uncertain time for everyone, but please know we are here to answer any questions you may have.

Have a great school year!

Renee Kotsopoulos, RN, MHSM
Director of Health Services