

ROWLETT LADY EAGLES CAMP COACHING STAFF



Alexis Hill
Camp Director
Head Basketball

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Lindsey Cox
Camp Director
Head Volleyball

Contact Information:
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Assistant Coaches:

Cathy Bothun

Olivia O'Dell

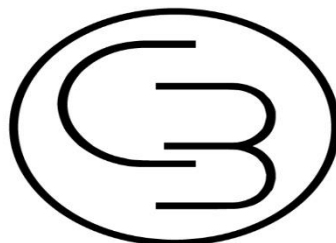
Jane Laws

Kendyl Ford

Marc McMillan

Senior Class of 2019

**Lady Eagles Summer Camp is
proudly sponsored by**



C3 Community Connection Church
<http://www.c3rowlett.com/>
C3 Services at 9am and 11am



Start a quote today!
<https://www.insureintegrity.com/rowlett-hs/>



**2019
ROWLETT
LADY EAGLES
VOLLEYBALL
AND BASKETBALL
CAMP**

When:

Mon June 17th -Thurs June 20th

Where:

Rowlett Eagle Nest Gymnasium
4700 Pres. George Bush Turnpike
Rowlett, TX 75088

Volleyball Session:

9am-12pm: Incoming 1st - 8th graders

Basketball Session:

1pm-4pm: Incoming 1st -RHS Freshman

Freshman Volleyball Session:

July 29th and July 30th 9am-4pm

Price:

\$60 per camper per session

\$100 per camper for both sessions

RHS Freshman are free – must have
physical and Rank one paperwork on file
(\$15 shirt is optional for freshman)

(Please contact Coach Hill for any questions involving pricing)

Camp Information

Lady Eagle Volleyball Camp is 9am-12pm for incoming 1st through 8th graders for the upcoming school year. RHS Volleyball Freshman camp is scheduled Monday, July 29th and Tuesday, July 30th (must have physical and Rank one paperwork on file). Coaches will emphasize developing basic volleyball skills such as passing, setting, serving, and hitting. We will then utilize these taught skills in 3v3 and 6v6 scrimmages.

Lady Eagle Basketball Camp is 1pm-4pm for incoming 1st graders through RHS Freshmen (must have physical and Rank one paperwork on file). Coaches will emphasize developing basic basketball skills such as dribbling, passing, and shooting with their campers. We will then utilize these basketball skills in offensive and defense principles.

Rank One Sport (click for link)

Special Dress-Up Days

Monday - Colorful Monday

(wear your favorite color(s) to camp)

Tuesday - Crazy Sock Tuesday

(wear your favorite socks to camp)

Wednesday - Favorite Team or Character Wednesday

(wear your favorite cartoon, super hero, or sports team to camp)

Thursday-Camp Shirt Thursday

Lunch Meal Plan Information (click for online form)

9am-12pm Volleyball Camp
12pm-1pm **LUNCH BREAK**
1pm-4pm Basketball Camp

During the lunch break, campers have the option of purchasing a **LUNCH MEAL PLAN** for only **\$50 (\$12.50 per day)**. Lunch meal plans must be paid with **CASH ONLY**, and paid in full on the first day of camp. Lunch meal plans must be paid separate from registration payment. With the Lunch Meal Plan, the camper will receive:

- **Daily snack bag including**
 - 3 water bottles
 - Granola bar
 - Chips
 - Fruit snacks
- Monday lunch – Cici's Pizza
- Tuesday lunch – Chick-fil-A
- Wednesday lunch – Raising Cane's
- Thursday lunch –McAlister's Deli

All orders and payments are taken at concession stand on Monday, June 17th 8am-9am.

During all breaks throughout camp we will have water, sport drinks, ice pops, chips, candy and other snacks available for purchase using cash only.

Registration Form (click for online form)

Camper Name

Address

City, State Zip

Parent(s) Name

Daytime/Evening Number

Email Address

Mark an "x" by camp session

<input type="checkbox"/>	Volleyball Camp	<input type="checkbox"/>	Basketball Camp
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Mark an "x" by campers' grade for school year 2019-2020

<input type="checkbox"/>	1 st and 2 nd grade	<input type="checkbox"/>	6 th grade
<input type="checkbox"/>	3 rd grade	<input type="checkbox"/>	7 th grade
<input type="checkbox"/>	4 th grade	<input type="checkbox"/>	8 th grade
<input type="checkbox"/>	5 th grade	<input type="checkbox"/>	9 th Freshman

2019-2020 School attending:

Mark an "x" by campers' shirt size

<input type="checkbox"/>	Shirt Size	<input type="checkbox"/>	Shirt Size
<input type="checkbox"/>	Youth Medium	<input type="checkbox"/>	Adult Medium
<input type="checkbox"/>	Youth Large	<input type="checkbox"/>	Adult Large
<input type="checkbox"/>	Adult Small	<input type="checkbox"/>	Adult X-Large

Liability Release: I agree that _____ may participate in the Lady Eagle Summer Camp. In consideration of participating in this event, I agree, on behalf of the above named child to release, discharge, indemnify, and hold harmless Rowlett High School, its agents, servants, and employees from any and all claims, demands, damages, rights of action or causes of action, present and future, whether the same be known, anticipated, unanticipated, resulting from or arising out of participation in this event. I HEREBY GRANT PERMISSION TO THE LADY EAGLES SUMMER CAMP TO OBTAIN MEDICAL CARE FROM A LICENSED PHYSICIAN, HOSPITAL, OR MEDICAL CLINIC FOR THE PARTICIPANT NAMED HEREIN AT SUCH TIME AS EITHER PARENT OF LEGAL GUARDIAN CANNOT BE CONTACTED.

Signed: _____ Date: _____

Price: \$60 per session, or \$100 for both sessions
Cash _____ or Check _____

MAKE CHECKS PAYABLE TO: GARLAND ISD ATHLETICS

MAIL PAYMENT AND FORM TO:

Rowlett High School Attn: Alexis Hill

4700 Pres. George Bush Turnpike Rowlett, TX 75089