



Dear Parent,

Your child's campus has been chosen to participate in a new health outreach offered by Children's Health. Children's Health, also known as Children's Medical Center, is using technology to bring health care services to your child while at school. The project is called Telehealth. The best part is that the service is free of cost and all children can participate. It does not matter if your child does or does not have insurance. No insurance will be billed.

How does it work? When your child does not feel well, he or she goes to the school nurse. In many cases, the nurse can arrange to have your child receive Telehealth services.

What is Telehealth? Telehealth uses computer and video technology to connect your child at school to a doctor or nurse practitioner at MyChildren's, a clinic of Children's Health.

What happens next? The school nurse acts as a patient presenter while your child speaks with the MyChildren's doctor or nurse practitioner through video. The child's parent may also participate by phone. During the visit the doctor or nurse practitioner will:

- Gather information to determine what is causing your child to feel ill
- Observe your child and determine what is wrong
- Recommend what your child needs to get well
- Send a prescription to your pharmacy for after school pick-up if your child needs medication
- Send your child home with information that explains his or her condition and what you need to do to take care of your child

For some illnesses like flu, strep throat, and stomach aches, your child may need to leave school and go to a doctor's office. But Telehealth can be helpful for these conditions: cuts and scrapes, coughs, colds, earaches, headaches, pinkeye and rashes.

Please be aware that all school district policies must be followed regarding exclusion from school when an illness may be contagious. Also, Telehealth is not intended to replace your regular doctor.

Telehealth can deliver health care in a familiar setting for your child, help reduce absences, and provide convenient care for your child while you are at work.

If you would like your child to participate in this free service or would like more information, you may visit the link on your child's school website or contact the school nurse. Applications are available on the website link or from the school nurse.

Garland ISD realizes healthy children are better prepared to learn at school. Telehealth can be an excellent resource to help promote the best education for your child.

Garland ISD Health Services Department